

Merrimack School District  
Essential Learning Competencies

School	Merrimack Middle School
Discipline	Family and Consumer Science
Course Title	Family and Consumer Science

Seventh Grade

Essential Learning Competencies	Links to the Rubrics/Standards /Competency	Formative Assessments	Summative Assessments
National Standard 3.0 Students will demonstrate nutrition, wellness, and food preparation practices that enhance individual and family well-being.	MMSFACS 3.2 Nutrition: Evaluate nutrition choices and practices in a variety of settings, using reliable guidelines and sources of information. MMSFACS 3.4 Demonstrate skills needed for preparing and serving foods.	MMSFACS 3.1 Knowledge of local foods, where food comes from and how it is grown. MMSFACS 3.4.2 Cooking terms, equivalents, abbreviations, measurements. MMSFACS 3.4.1 Laboratory/kitchen safety and sanitation practices	MMSFACS 3.2.1 Dietary guidelines /MyPlate analysis. MMSFACS 3.4.5 Teamwork in the laboratory setting and hands on recipe creation.
National Standard 6.0 Demonstrate knowledge, skills, and practices in interiors, textiles, and apparel.	MMSFACS 6.2. Project Construction: Use sewing techniques. MMSFACS 6.3 Design Concepts: Identify design concepts used in fashion, interiors and apparel	MMSFACS 6.2.4 Demonstrate accuracy in measuring, cutting, and correct sewing techniques to produce a product.	MMSFACS 6.3.1 Demonstrate design concepts with fabrics. MMSFACS 6.3.2 Create a sewing project.
National Standard 5.0 Students will integrate multiple life roles and responsibilities in school, family, career, and community settings.	MMSFACS 5.2 Accomplish tasks and fulfill responsibilities by using thinking and problem-solving processes	MMSFACS 5.2.1 Decision Making, Problem Solving, and Critical Thinking practice	MMSFACS 5.2.1 Decision-making, evaluating information, and planning processes.

Eighth Grade

Essential Learning Competencies	Links to the Rubrics/Standards/Competency	Formative Assessments	Summative Assessments
National Standard 1.0 Students demonstrate knowledge and skills necessary for success in further education, career, and life.	<p>MMSFACS1.3 Investigate personal attributes, standards, goals, interests, and aptitudes as they relate to career concepts.</p> <p>MMSFACS1.3.1 Career cluster, career pathways, career research.</p> <p>MMSFACS1.3.2 Career planning, four-year course planning.</p>	MMSFACS1.3.1 Career cluster, career pathways, career research	MMSFACS1.3.2 Career planning, four-year course planning.
National Standard 2.0 Students will apply management practices to personal, family, and financial resources.	<p>MMSFACS 2.1 Identify and manage resources to provide for personal and family needs and wants.</p> <p>MMSFACS 2.2 Demonstrate skills to manage financial resources to meet personal and family goals.</p>	<p>MMSFACS 2.1.1 Personal and community resources.</p> <p>MMSFACS 2.1.2 Consumer Protection laws and resources; marketing/advertising techniques</p> <p>MMSFACS 2.1.3 Taxes and income.</p>	MMSFACS 2.2.1 Budgeting/personal finance plan.
National Standard 3.0 Students will demonstrate nutrition, wellness, and food preparation practices that enhance individual and family well-being.	MMSFACS 3.4 Demonstrate skills needed for preparing and serving foods.	<p>MMSFACS 3.4.2 Cooking terms, equivalents, abbreviations, measurements.</p> <p>MMSFACS 3.4.1 Laboratory/kitchen safety and sanitation practices.</p>	MMSFACS 3.4.5 Teamwork in the laboratory setting and hands on activities.